

Every year, more than 50 million Americans provide care for a family member or a friend on Medicare. Many of your employees may be doing so while facing the demands of a full or part time job. You can help. Tell them about *Ask Medicare* (medicare.gov/caregivers), where they can find information about choosing a drug plan, selecting a hospital, exploring local care options, registering for a free e-newsletter and much more. *Ask Medicare* is easy to use and ready whenever caregivers need it.

Visit medicare.gov/caregivers and have your employees sign up for the e-newsletter



Information to Help You Care for Others

